

CURRICULUM-VITAE

SHERIN BENNY

POSITION:- ASSISTANT NURSE



PERSONAL SUMMARY:

A self-motivated Nursing Assistant who is able to accomplish all her assigned responsibilities with minimal supervision. Sariga has extensive knowledge of basic nursing procedures and as a true professional will always demonstrate compassion, dignity and respect when looking after her patients. She is in good physical and mental shape and is more than able to take care of the day-to-day needs of people under her jurisdiction. She has experience of looking after both adults and children in diverse locations such as health centers, hospitals and Clinics. Right now she is looking for a suitable position with a company that is committed to providing the best healthcare for its patients and the best working environment for its employees.

KEY SKILLS AND COMPETENCIES:

Nursing

- *Possessing superb manual dexterity to handle medical instruments and equipment.*
- *Maintaining patient care equipment.*
- *Physically fit, with a lot of stamina and able to lift or move patients and bulky equipment around.*

Personal

- *Knowledge of aseptic practices and cardio-pulmonary techniques.*
- *Effective interpersonal, communication, and teamwork skills.*
- *Can establish good working relationships with supervisors and co-workers.*
- *Committed to patient safety, comfort and privacy.*

CAREER HISTORY:

EMPLOYER : Kaipamangalam Medical Centre - Thrissur
DESIGNATION : NURSING ASSISTANT
DURATION : 01/11/2001 to 03/04/2002

EMPLOYER : Kamaliya Medical Institutions - Thrissur
DESIGNATION : NURSING ASSISTANT
DURATION : 03/04/2002 to 30/04/2004

EMPLOYER : Thomson Poly Clinic - Thrissur
DESIGNATION : NURSING ASSISTANT
DURATION : 01/08/2005 to 31/08/2007

EMPLOYER : Believers Church Medical Centre – Thrissur
DESIGNATION : NURSING ASSISTANT
DURATION : 01/10/2007 to 31/01/2014

EMPLOYER : MOH Hospittal - Kuwait
DESIGNATION : NURSING ASSISTANT
DURATION : 20/11/2014 to 23/11/2019

DUTIES & RESPONSIBLE:

Working under the supervision of senior nurses and performing various duties to assist in patient treatment and care.

- Taking and recording a patient's temperature, blood pressure, pulse and respiration rates.
- Assisting patients with activities of daily living such as bathing, dressing, grooming, and toileting.
- Transporting patients around from one place to another.
- Preparing patients for treatment.
- Setting up medical equipment.
- Determining a patient's needs.
- Facilitating the admission, discharge and transfer of patients.
- Maintaining a clean and safe working environment.
- Serving meals to patients and then monitoring their eating habits.
- Providing meal supplements and fresh drinking water as needed.
- Keeping patient's rooms and equipment clean, neat and orderly.

- Observing a residents' health concerns and reporting abnormalities to the charge nurse.
- Generally assisting with patients' overall comfort.
- Carrying out a range of housekeeping duties.
- Updating patient records.
- Helping patients to walk and use a wheelchair.

AREAS OF EXPERTISE:

- Long Term Care
- Patient Care
- Bedside Nursing

ACAMEDIC QUALIFICATION:

- ANM Course (Passed)
- PDC
- SSLC

PERSONAL INFORMATION:

Name : Sherin Benny
Husband's Name : Benny T V
Date of Birth : 03/07/1982
Sex : Female
Marital Status : Married
Nationality : Indian
Passport no : M 2608684

Valid till 6/10/2024

Languages Known: English, Arabic, and Hindi & Malayalam

DECLARATION

I hereby declare that the information furnished above is true to the best of my knowledge and belief.

SHERIN BENNY