




Panachamoottil House, Nalukodi P.O,   
Changanacherry, Kottayam – 686548

## PAULOSE KURIEN

### REGISTERED NURSE

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#### SUMMARY

Registered Nurse, with extensive experience in health care. Collaborative mentor with the ability to interface well with multiple disciplines of the health care team. Adaptable expert with practice dealing with patients with aggressive, physical behaviours as well as multiple other diagnoses or conditions. Reliable, ethical healthcare provider with ability to stay calm and intervene during crises, facilitate groups and educational seminars, and collaborate on multidisciplinary teams proven.

#### PERSONAL SKILLS

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- An efficient team player who can collaborate with medical professionals to devise and implement care plans.
- Capable of handling emergency situations and treating patient in critical situation
- Ability to conduct training programmes and educational session.
- Strong critical thinking, decision making, inter personal and communication skills
- Solid communication skills which helps me to communicate effectively with patients, attenders and other team members.
- Emotional stability which helps me to handle sad and good situations as well as draws strength from the wonderful outcomes that can and do happen.
- Ability to have empathy for the pain and suffering of patients.

#### PROFESSIONAL SKILLS

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- Wound Assessment
- All basic nursing procedures including maintenance of the unit
- IV cannulation
- Drug administration
- Foley's catheterization
- Ryle's tube insertion and feeding
- Blood transfusion
- Endotracheal and tracheostomy suctioning
- Dressing
- Colostomy care
- Suture removal
- Specimen collection and ABG sampling
- Cardio Pulmonary Resuscitation

## NURSING EXPERIENCE

MEDANTA THE MEDICITY  
GURGAON, INDIA.

ASSISTANT HEAD NURSE (NURSING QUALITY TEAM)  
Feb-2014 to Mar-2018  
**Re-joined on Aug – 2020 to Till Date**

## CURRENT JOB RESPONSIBILITY

### Accreditations:

- Monthly audits related NABH/JCI
- Preparation of reports
- Closure of observation & non-compliance
- Training the staff about JCI/ NABH.
- Process Audits.

### Quality improvement projects

- Identifying Gaps
- Collecting baseline data
- Analysing the deviations
- Improving the process
- Holding the Gains.

### Nursing Excellence

- Updating of Quality Indicators on daily basis.
- Incidents analysis.
- Closure of all incidents with RCA & CAPA (within TAT)
- Patient feedback analysis, improvement & closure.
- Carry's out duties with due regard to the nursing Mission, Vision, Objectives of the organization and the nursing department

### Nursing PMS

- Monitoring of performance of staff nurses through KRA.
- Identification of training needs assessment.
- Quality improvement trainings.

### General Responsibilities

- Provides leadership & direction to the staff in the areas assigned.
- Aligns everyone to the Vision, Mission of the Department
- Gears up everyone to achieve targets laid down.
- Carry's out duties with due regard to the nursing Mission, Vision, Objectives of the organization and the nursing department
- Ensures that all duties are carried out to the highest possible standards and in accordance with current quality initiatives within the area of work.

**PREVIOUS JOB  
RESPONSIBILITY**

- Maintains confidentiality of the patient's data and comply with the requirement of the organization.
- Responsible for all training and developmental related activities
- Assess, plan and evaluate total care of patients.
- The wound care nurse assesses the wound on visit and simultaneously designs the plan of care.
- The wound care nurse trains the primary nurse and involving him/her in the wound care plan of their respective patient.
- Provides leadership, advice and counsel on the provision of research-based care for specific patient groups within the care of health care organizations.
- Monitor all aspects of patient care including diet and physical activity for effective wound healing.
- Coordinate with physicians and health care professionals for creating and evaluating customized care plans.
- Maintain reports of patients, medical histories, and monitoring changes in their condition.
- Active participation in BLS and ACLS.
- Maintain hygienic and safe working environment in compliance with the health care procedures.
- Interact with health care teams to maintain harmonious relationship.
- Attend educational workshops to enhance professional and technical knowledge.
- Plan and organize effective guidance and counseling program.
- Plan and organize staff development and in-service education programs.
- Supervise licensed practical nurses and other nursing staff.
- Teach and counsel patients and their families on health-related issues in collaboration with other health care providers.

**PANACEA NEWRISE  
HOSPITAL,  
GURGAON, INDIA.**

**NURSE EDUCATOR**

May-2013 to Dec-2013

**JOB RESPONSIBILITY**

As Nurse Educator my role was to train nurses in different aspects like hands-on nursing, critical-thinking and judgment skills.

- Assist in the planning, development and instruction of nursing content for an educational program.
- Give lecture on nursing topics related to patient care.
- Participate as well as organise seminars and conferences.
- Collaboration with colleagues to revise and evaluate course content and teaching issues may also be included.
- Conducts needs assessments using a variety of strategic tools.
- Assists learners in the assessment of needs and identification of outcomes.
- Coordinates orientation of new staff to the organization.
- Develops/coordinates education plans related to initial and ongoing competency validation.
- Develops/coordinates core education for the development of bedside leaders.

- Plans, prepares and maintains materials for use in educational programs for accuracy and relevance to the target audience
- Provides educational opportunities that benefit nurses at all stages of their career development.
- Delivers competence-based programs for nursing staff with a focus upon improvement of skills and retention of knowledge.
- Develops evidence-based educational materials.
- Supports staff development with educational activities (which include remediation, certification, mentoring, life support, etc)
- Evaluates the effectiveness of educational programming.
- Participates in committees, task forces, projects.
- Facilitates teambuilding and leadership development.
- Responds to changes in nursing practice and develops programs to support those changes.
- Ensures that educational programs are congruent with organizational missions, values, and goals.
- Maintains required educational and/or clinical competencies.
- Seek opportunities to develop staff in various roles.
- Serves as a role model for education and professional nursing practice

PARAS HOSPITAL,  
GURGAON, HARYANA,  
INDIA.

#### CLINICAL INSTRUCTOR Feb-2012 to Apr-2013

To develop standard teaching and evaluation tools which shall enable every nurse to become competent and knowledgeable and thus continuously upgrade the standards of nursing care.

#### JOB RESPONSIBILITY

- Assist in planning, implementing and evaluating educational and clinical programs to meet the learning needs of staff.
- Assist in arranging individual preceptors for each staff
- Assist in staff training including induction, clinical teaching and in-service as well as developing and reviewing instructional materials.
- Creates a positive and supportive learning environment including being an advocate for the staff status as a learner
- Assist in giving each staff timely feedback his/her performance, providing suggestions for improvement.
- Download data from nursing websites for the preparation of nursing teaching and evaluation tools.
- Prepare the work instructions for every nursing procedure.
- Prepare competency assessment tool for every nurse based on the speciality
- Formulate skill competency checklists for every speciality.
- Formulate nursing care plans according to speciality.
- Distribute the teaching material, competency assessment tool and other material to every floor
- Format the teaching material given by preceptors for the concerned floor.
- Guide the preceptors on teaching the topics mentioned in the competency assessment tool

- Clarify any doubts from the floor regarding the completion of competency evaluation tool
- Participates in CME and workshops and keep update knowledge of current and established professional nursing concepts, principles and practices.

**FORTIS FLT.LT. RAJAN  
DHALL HOSPITAL,  
NEW DELHI, INDIA**

**STAFF NURSE  
(CARDIO THORACIC VASCULAR SURGICAL ICU)  
Jun-2007 to Sep-2008**

As a staff nurse at Cardio Thoracic department my role focused on handling patient who has underwent cardiothoracic surgeries like CABG, MVR, TV repair, ASD, VSD etc. Highlighted part of my job role included the following.

**JOB RESPONSIBILITY**

- Management of Patient care including admission, Transfer and Discharge.
- Doing assessment and physical examination.
- Maintaining nutritional needs of patients.
- Hemodynamic monitoring of critically ill patients.
- Helping doctors in diagnosis and treatment.
- Preparing patients and articles for medical, surgical and nursing procedures.
- Demonstration of procedure to student and supervising them.
- Observing changes in patient conditions, recording, taking necessary actions and reporting to the concerned authority.
- Administering I/V therapy and medications.
- Assessment of patient's needs & planning care for their needs.
- Interpersonal relationship with higher authorities, co-workers, patient's and patient's relatives.
- Keeping reports and records
- Taking over and handing over of patient to the subordinate staff.
- Implementation of nursing skills in the work areas.
- Management of emergencies like Cardio Respiratory Arrests; All types of arrhythmias and haemorrhage.
- Death care and handling over the body of patients to the relatives.

**EDUCATION**

**BHOPAL NURSING  
COLLEGE,B.M.H.R.C,  
BHOPAL**

**POST BASIC B.SC. NURSING  
Oct-2008 to Jun-2010**

Completed Nursing in 2010, affiliated to Barkatullah University, Bhopal, Madhya Pradesh, India.

**SANFORD SCHOOL OF  
NURSING, BENGALURU**

**DIPLOMA IN GENERAL NURSING AND MIDWIFERY  
Sep-2002 to Aug-2005**

Completed Nursing in 2005, affiliated to The Karnataka State Nursing Council, Bangalore, Karnataka, India.

**S.B.H.S.S,  
CHANGANACHERRY  
MARCH-2002**

**SENIOR SECONDARY SCHOOL**

Successfully completed from State board, Kerala, India.

S.B.H.S.S,  
CHANGANACHERRY  
MARCH-2000

## THE SECONDARY SCHOOL LEAVING CERTIFICATE

Successfully completed from State board, Kerala, India.

### ADDITIONAL QUALIFICATION

QUALIFICATION	COURSE LOCATION
Specialization Course in Cardio Thoracic Vascular Surgery (CTVS)	BATRA HOSPITAL AND MEDICAL RESEARCH CENTRE, DELHI
BLS (AHA Certified Course)	MEDANTA THE MEDICITY HOSPITAL , GURGAON
ACLS (AHA Certified Course)	MEDANTA THE MEDICITY HOSPITAL , GURGAON

### ACHIEVEMENTS

- Successfully created various audio-visual clinical training materials for the purpose of on job training and development of nursing staff.
- Acknowledged as best nurse in 2017 at Medanta The Medicity hospital.
- Attended the Critical Care Consortium workshop of 40 hours held at Fortis Flt. Lt. Rajan Dhall Hospital on March 2008
- Workshop on Celebrating Excellence in Nursing Leadership by TNAI for 21 hours on October 2017.
- One day training program on Wound care Nursing by Lippincott Academy of Clinical Excellence for Train the Trainer Program.

### PROJECTS UNDERTAKEN

- Assisted in regularization of Management processes and Medical protocols among nursing staff at Medanta - Indore Hospital, Ranchi Hospital, in Madhya Pradesh and Jharkhand.
- Assisted in regularization of Management processes and Medical protocols among nursing staff at Medanta - Indore Hospital, Ranchi Hospital, in Madhya Pradesh and Jharkhand.
- Coordinated team-building activities at Medanta- Gurgaon, Indore and Ranchi
- Organised Train-the-trainer programmes for the above three hospitals

### REGISTRATION DETAILS

KARNATAKA NURSING  
COUNCIL,  
BANGALORE

Date of Registration: 31-July-2006  
Registration No: 70526

MAHAKOSHAL NURSES  
REGISTRATION  
COUNCIL,BHOPAL (M.P.)

Date of Registration: 01-05-2012

- Registration No: PB-234
- R.N.R.M No. Case No.844

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**PERSONAL DETAILS**

Passport Number : T8873536  
Date of Issue : 02-09-2019  
Date of Expiry : 01-09-2029  
Place of Issue : Cochin  
Date of Birth : 24-Sep-1983  
Father's Name : Late Kurien Mathew  
Mother's Name : Annamma Kurien  
Marital Status : Married  
Spouse Name : Priya George  
Religion : Christian  
Nationality : Indian

**INTEREST**

Photography, Videography, Music, Theatre, Travelling, socialising with friends.

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**REFERENCES**

**Mr.VINOD K**

Director Nursing  
Medanta the Medicity Hospital,  
Gurgaon-122001 Mob: +91 9911196035  
Email Address: Sandhya.shankar@medanta.org

**MS. SARAVJEET KAUR**

Former Director Nursing  
Medanta the Medicity Hospital,  
Gurgaon-122001 Mob: +91 9971623838  
Email Address: saravjeet2811@gmail.com

**Ms BIJI JAYAPRADEEP**

Assistant Nursing Superintendent  
Nursing Quality & Education Department  
Medanta the Medicity Hospital,  
Gurgaon-122001 Mob: +91 8743954773  
Email Address: biji.jayapradeep@medanta.org

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**DECLARATION**

I hereby declare that the information furnished above is true and best of my knowledge and belief. Hope my skills are enough for your requirement. I humbly request your good self to permit a chance to work in your esteemed hospital.

**DATE :**

**PLACE :** New Delhi

**PAULOSE KURIEN**